

SUPER SIMPLE FAIRTRADE GINGERBREAD

Ingredients

(makes 15 gingerbread people)

300g plain flour
1 tsp bicarbonate of soda
2 tsp Fairtrade ground ginger
(for a milder taste use 1 tsp)
1 tsp Fairtrade ground cinnamon
1 tsp Fairtrade ground nutmeg
1 tsp Fairtrade vanilla
100g Fairtrade brown sugar
125g unsalted butter
2 tbsp Fairtrade honey
1 tbsp Fairtrade golden syrup
1 pinch of ground Fairtrade cloves
(optional)
Zest of ½ orange (optional)

For the icing:

100g Fairtrade icing sugar
2 tsp warm water



Instructions

- 1 Pre-heat your oven to 180°C.
- 2 In a large bowl mix the flour, bicarbonate of soda, ginger, cinnamon and nutmeg (optional cloves and orange) then make a well in the centre.
- 3 In a medium pan combine the vanilla, brown sugar, butter, honey and golden syrup. Place on a low heat and stir until a smooth syrup forms.
- 4 Pour the syrup into the well in the centre of the mixing bowl and stir until combined into a soft dough. Then put the dough in the fridge to cool for 1 hour.
- 5 When cooled, roll the dough on a flat surface using a rolling pin until it is roughly 4mm thick. Then use either the cut-out stencils provided or a cutter to make your gingerbread shapes.
- 6 Place your gingerbread on a baking tray and cook for 8 minutes until golden brown.
- 7 Once cooked leave them to cool and make the icing by mixing the icing sugar with warm water and stirring until smooth.
- 8 Finally, decorate your gingerbread with icing and your favourite Fairtrade treats!

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